

Space2BHeard CIC

Valued Minds Referral Form

Valued Minds offers low cost counselling & psychotherapy to anyone that is ready and wanting to make personal changes. Therapy is provided by Advanced Student Therapists that are supervised and approved to undertake clinical work in a volunteer setting. All clients will be offered an initial therapeutic assessment to ensure that Valued Minds is the most appropriate service to meet your needs and to assess that you are ready to engage in the therapeutic journey. Please complete the form below, email to hello@s2bh.org and we will respond to you within 7 working days.

Personal Details

Title:

Name:

Gender:

Male

Female

Non-Binary

Prefer not to say

Date of Birth:

Ethnicity:

White

Mixed

Asian or Asian British

Black or Black British

British

Irish

Other White Background

Other Ethnic Group

Not stated

Not known

Sexual orientation:

Heterosexual

Lesbian or Gay

Bisexual

Other

Not stated

Unknown

Home address:

Home/Mobile Telephone:

Do we have your consent to leave a message on this number?

Do we have your consent to leave a message if someone else answers the phone?

Email:

Do we have your consent to send mail to this address?

What is your preferred method of contact?

Do you have any accessibility needs?

G.P Details

G.P:

G.P Telephone Number:

G.P Address:

Referral Information

Please provide a brief description of the problem(s) you are currently experiencing:

Are you seeking individual or couples therapy?

Please answer the following questions,

Preference of gender of therapist?

Have you had any previous treatment with Mental Health Service?

Are you currently in treatment with Mental Health Services?

Are you currently involved in any legal proceedings or have been requested to seek therapy as part of any legal or social services processes?

Please indicate the following,

I am referring myself

I am a 3rd Party making a referral

Is the client aware of this referral?

Please indicate the following,

My sole annual income is less than £23,000pa (evidence of this will be requested prior to an assessment being offered)

My source of income is:

Student Loan Salary Benefits (please state) Pension

Would you prefer your appointments to be via video, telephone, or face to face?

If possible, I would like my face-to-face appointments at (please indicate):

Beverley Road

Holderness Road