



1 x Employed (15 hrs per week) Counselling for Depression Clinician

Space2BHeard is a Community Interest Company that delivers Mental Health services independently and in partnership with organisations in Hull, East Riding and the surrounding areas.

Our vision – To be the leading counselling service which provides every member of the community with a Space 2 Be Heard.

Our Mission – We strive to provide the best therapeutic wellbeing services that are responsive, trusted and people centred.

This role presents an opportunity to join Space2BHeard CIC as a counselling for depression clinician. This will be an employed role (15 hrs per week), working on the Hull Talking Therapies contract in partnership with City Health Care Partnership CIC (CHCP). The opportunity is for a clinician with **2 years post qualifying experience** as the role includes training in the IAPT modality Counselling for Depression.

More information can be found by clicking on the link which outlines the course details and eligibility criteria. [Counselling for Depression | York St John University](#)

Job Title: 1 x Counselling for Depression clinicians 15 hours per week (Start date October 2026)

Reports To: Clinical Leader Michelle Shanley/Jo Gibson

Role Overview:

The candidates will be expected to provide psychotherapeutic interventions in line with the Counselling for Depression modality to clients who have been identified and assessed by the assessment team at CHCP. (CHCP are the lead contract provider for Hull Talking Therapies.)





Counselling for Depression is a brief treatment for depression. The Person-Centred Experiential Counselling for Depression (PCE-CfD) course is drawn from humanistic approaches to help clients access underlying feelings, make sense of them, and draw on the new meanings to make positive changes in their lives. It is a medium-term intervention with clients typically accessing up to 14 sessions per episode.

Please ensure you are eligible for the training before applying for this role. We welcome applications from people already working with us and from people who are interested in working with us.

Your commitment:

- Attend the required 5 days training for Counselling for Depression at York St John University. (26-28 Oct and 5 & 6 Nov 2026)
- Submit the required work for assessment and complete the qualification within 12 months
- Become professionally accredited within 12 months with the UKCP, BACP NCPS or equivalent (if not already achieved)
- Offer one to one therapy to individuals experiencing a range of presentations related to depression
- Be able to commit to working with at least 12 clients on a weekly basis in a flexible manner
- Upload timely (within 24 hours) client notes and additional requirements on to the relevant Electronic Information Recording system
- Complete all required outcome measures and paperwork in line with organisational and contractual policy and procedure
- Communicate effectively with clients, recognising the need for alternative methods of communication to overcome different levels of understanding, cultural background and preferred ways of communicating
- Attend meetings essential to the delivery of the service
- Work collaboratively as part of a wider team and recognising and acting on findings from client assessments and examinations, where need for onward referral, investigations and/or alternative treatment is required

Qualifications and Capabilities:

- You must be 2 years post qualification (a recognised qualification in a counselling or psychotherapy modality).
- Accredited at level 6 with UKCP, registered as an individual member with BACP and have completed the Certificate of Proficiency or an Accredited Professional Registrant PNCPS(Acc) with the NCPS.
- Attend the required training days, **Oct 26th -28th 2026 and 5th-6th November 2026.** (The training is funded by NHSE.)





- Complete in-house compliance and mandatory training
- Hold a current DBS
- Personal Liability Insurance
- To commit to attend our regular staff meetings.
- To complete training in and use the electronic patient recording system as required.
- To engage in training and supervision specific to this service.
- To have the capacity, confidence, and ability to work in a fluctuating environment with clients with multiple and complex needs
- To have excellent interpersonal skills
- To have autonomy to manage own time, room bookings and diary management in an organised and punctual manner
- To be approachable, caring, and compassionate in your approach to working with our patient/client group.

Rate of Pay:

- ££13,226.85

Company Benefits

- S2BH also provides bi-monthly supervision for clinicians working on this contract which you can access free of charge.
- Opportunity to attend monthly peer support sessions
- Private medical insurance.

For informal discussion about this role, please contact Jo Gibson (email: jo@s2bh.org).

Please contact hello@s2bh.org for an application form and send all completed application forms to jo@s2bh.org. The closing date for applications is **5pm on the 14th August 2026**. Interviews will be held on the **20th of August 2026**

As this role is funded by NHSE, the successful applicant will need to pass all the relevant checks required by CHCP and be accepted on to the training by York St John university before being offered a contract of employment with Space2BHeard.

